

UBTS Presents:



Sacred Spiritual Movement Workshop

**Let us share our hearts and souls and
witness the beauty in each other**

**September 30, 2023
10 AM to 12 noon**



**Join us for a workshop of Reflection,
Journaling, Meditation, Observation and
Sacred Movement**

\$35 - early bird to 9-15-23

\$40 - regular / \$45 - at the door

Tickets: www.UnityByTheShore.org



**Unity by the Shore
3508 Asbury Avenue, Neptune, NJ 07753**