



# Transforming Unconscious Bias to Build Inclusive Spiritual Communities

**Sunday, June 23, 2019**

**1:00 - 4:00 p.m.**

**Unity by the Shore**

**3508 Asbury Ave., Neptune, NJ 07753**

**Suggested Love Offering ~ \$25.00**



## Workshop Description

We all hold unconscious biases, it's a part of human nature. We can behave towards others in certain ways based on these biases. By excavating and deliberating choosing to neutralize them, we can reduce the instances where they adversely impact others when that is not other intention.

Every interaction we have and every decision we make are part of, or are, influenced by factors outside our scope of awareness. Building inclusive communities requires the disruption of inadvertent bias. Those impacted by bias may experience feeling discounted or excluded. Exclusion is antithetical to creating communities where folks feel valued, welcomed, accepted, and included.

## Workshop Objectives

**At the conclusion of this workshop, participants will be able to...**

- Define bias, unconscious bias, inclusion and inclusive spiritual communities
- Identify personal biases and blind spots
- Recognize unconscious bias in action
- Review demographic data regarding church attendee expectations and behavior
- Use demographic data to determine courses of action to foster inclusive environments
- Leave with tools that support the transformation of unconscious biases

## Facilitator

Chair of Centers for Spiritual Living's (CSL) Diversity Inclusion Commission and originator of World Day of Service, Rev. Michele's focus ministry has supported CSL and Unity Centers in the Eastern Region as speaker, facilitator and diversity inclusion strategist.

Past Senior Minister of Spiritual Empowerment Center in Baltimore, MD. where she led for more than ten years.

She possesses a master's degree in Consciousness Studies from the Holmes Institute of Consciousness Studies and a bachelor's degree from the University of San Francisco in Human Relations and Organizational Behavior.

She is author of *Inspiration in Small Doses*, a compilation of short stories and essays designed to uplift and inspire the readers to live up to their divine potential.

