

FLYING HIGH NEWSLETTER

Volume 6 Issue 6

November/December 2016

Celebrate the Holidays

Saturday, December 24th, Christmas Eve
Metaphysical Candle Lighting Service 4 PM

Sunday, December 25th, Christmas Day
The Birth of the Divine Meditative Service
10:30 AM (45 min)

Saturday, December 31st, New Year's Eve
Rocket Intention Launch 4PM (Dress Warmly)

Sunday, January 1st, New Year's Day
Chakra Centering Meditative Service
10:30 AM (45 min)

Sunday, January 8th
Burning Bowl Service 10:30 AM

OUR MISSION STATEMENT

UNITY BY THE SHORE

is a vibrant community, supporting spiritual growth through awareness of God's presence within and the teachings of Christ Jesus.

OUR CORE VALUES

SPIRITUALITY

We are centered in Christ consciousness

ONENESS

We are one in spirit

INTEGRITY

We act with honesty, openness, and commitment

LOVE

We embrace all people as expressions of God

SERVICE

We are joyful stewards of God

CONTACT US

UNITY BY THE SHORE

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Web Site: unitybytheshore.org

Church Service and Children's Church
at 10:30 a.m. on Sundays

BOARD OF TRUSTEES

President: Angela Stewart

Vice President: Gwen Lewis

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Secretary: Tom Sciro

Member: Edy Chartier

Member: Dina Ridout

Alternate: Valerie Wake-Evans

Unity By The Shore is a member of the Unity Worldwide Ministries and is affiliated with Unity School of Christianity, publishers of *The Daily Word*.



A Message From Our Spiritual Leader

**“Behold the Birth, the Embodiment of Your Divine Nature”
And she gave birth to her firstborn son and wrapped him in bands of cloth,
and laid him in a manger, because there was no place for them in the inn. Luke 2:7**

By Angela Denton

Behold, the holiday season is upon us. It is a time of year that can elicit a host of feelings. Many are overcome with gratitude and joy as they gather with loved ones and friends and feast on a bounty of delectables and toast to the coming year with great cheer. For some, feelings of sadness, grief, despair, and/or loneliness may arise as they face a healing challenge, cope with the physical loss of a loved one, or confront an “empty home” during this time of year. We as a community have experienced the loss of several loved ones and have stood as Love with many of our brothers and sisters who have been faced with the experience of dis-ease this past year. Let us continue to live with open hearts and also find room at our “inns” for those who welcome our support and our hospitality.

Whatever emotions are stirring within you this season, I invite you to remember that all experiences are meant for your highest good as painful as life may seem at times. One can only come to see and know this if he/she is willing to have a shift in consciousness. Let us take a closer look at what it symbolically means to find a place in the inn. Metaphysically speaking the birth of Jesus represents the birth of the awareness of our Christ or Divine Nature. This awakening takes place every time you realize that although you have been given birth to in human form, the manger, you are the embodiment of the Divine. This realization can only be brought into life by entering your upper room in consciousness where within the inn you overcome the world, the human domesticated sense of self.

All experiences characterized with pain and suffering are opportunities for you to see where you have bought into the illusion that you are your



experiences and are a separate limited human being. All life events are ripe with the opportunity to return home to the Truth of who you really are. Advent Season, the four weeks prior to Christmas, is a time to reflect on and give expression to our Divine qualities of Faith, Love, Peace and Joy. When we do, we find room at the inn for the Christ to be born as us.

You are the embodiment of Divine Faith when you look

beyond the craziness being played out politically in the US as a sign of new possibilities of hope and cooperation wanting to be birthed as the old paradigm of a “me” consciousness begins to collapse. You are Faith in expression when you can hear a diagnosis of an illness and see Wholeness. You are the embodiment of Love when you are gentle and nurturing to yourself during a challenging time, yet instead of contracting you choose to radiate mercy and compassion to others. You are the embodiment of Peace when you choose to listen and look to understand instead of wanting to be right and prove a position, for you know that Peace begins within. You are the embodiment of Joy when you count your blessings and see the beauty that exists within you and all around you. Lastly, true Joy occurs when you show up as the radiant Christ light that you are, for nothing can bring greater joy. So, my dear friends I invite you to find room at the inn to give expression to your boldest, brightest Divine Essence of Faith, Love, Peace, and Joy and behold the majesty of the birth of the Christ child.

Love and light,
Angela Denton MA; P.D. MFT; LUT
SPIRITUAL LEADER

Classifieds

Place your ad here. **Flying High** publishes 6 issues a year and is mailed to approximately 200 readers. 95% in New Jersey with 90% in Monmouth and Ocean Counties. It can also be viewed on our web site: unitybytheshore.org. Rate for yearly listing is \$50.00. Rate for one issue is \$15.00. Contact **UBTS** at 732-918-3395 to place an ad or for additional information. Appearance of an ad here should not be construed as an endorsement by Unity By The Shore.

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Unitybytheshore.org
for the latest **Flying High** newsletter, events
and other Church information

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New to Our Website!

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SHOP, SAVE, and GIVE
www.UnityByTheShore.org/shop

This is a wonderful opportunity for you to purchase goods and services in a way that supports your spiritual home and saves you money along the way!

Every time you purchase goods and services, make sure to **FIRST** stop at our shopping portal, click the link to the vendor of your choice, and do your shopping.

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Our Children's Ministry

By Sally Kurth



We had a spooktacular Halloween breakfast fundraiser on Sunday October 30th. We raised \$435 towards sending our Uniteens/YOU's on upcoming retreats/rallies! Thank you Dina Ridout and El McCarthy for helping with all of the cooking, and thank you teens for a great job serving the food. Thank you everyone who so generously brought in delicious food to add to our incredible breakfast feast.

Thank you everyone for contributing to our fundraiser! It takes a village to raise a child, and we have such a beautiful spiritual village! We are truly blessed and your love and support of our Youth is so appreciated. Thank you!

Our next event will be our Youth Christmas service with Spirit of Peace on December 18th. If your children want to be in the Christmas service they need to come to service on Sundays to practice. There will be a rehearsal on Sunday 12/11 at 12:30 and a dress rehearsal on Saturday 12/17, time TBA.

Please see me and Patrice DeVincentis if you have any questions. It will be magical and we hope you can join us.

With Love and Blessings, Sally

Our President's Message

By Angie Stewart

We are in the middle of my favorite season - the season of gratitude. I love this time of year; the time when nature has retreated back from her joyous, exuberant summer and settled in for "a long winter's nap". A time when I feel life's rhythm become slow and steady like a strong quiet heartbeat. This is the season for hearty soups, warm teas, and cozy blankets. This is the time of year I begin my hibernation, my settling in, my reflecting. I feel such gratitude during this time. Gratitude for the steadiness and continuity of the season's changing; gratitude for my home and my family; gratitude for Spirit within me that is just bursting to reveal itself in something as simple as the beauty of a leafless tree shadowed in the evening gloaming or a single snowflake effortlessly floating on a crisp cold morning.



for sale; a great time to find the perfect bargain for that someone special.

Gentle reminder: if you wish to remain or become a member, please have your member registration cards into Debbie O'Brien no later than December 31, 2016. You can also give it to any board member or leave in the abundance bowl. Finally, the Nominating Committee Chair, Sharon Rasa, is in the process of assembling the 2017 nominating team and will be sending out

a notice soon for anyone interested in interviewing for a board position.

So as we bring 2016 to a close, the Board of Trustees and I wish to thank you all and are grateful for the many blessings and gifts that you bestow on this sacred community.

Peace and Blessings,

Angie Stewart

PRESIDENT - BOARD OF TRUSTEES

I am filled with joy and gratitude for this spiritual community as well; for the work that Spirit has called me to do; for the growth and stretching; for the love and warmth given and received here. My joy and gratitude also comes from being in the moment, being in the now and recognizing joy in the enlightenment that all I need is already within me and Spirit wants me to find it. I am filled with peace, serenity, and gratitude with that truth. Thank you, God.

I and the other members of the Board are also filled with "enthusiasm and zeal" for the plans for the year to come. Wonderful ideas are coming together and we cannot wait to share them with you. However, in the meantime, we would love to share some sweets with our sweets! Please join us for the Board's Gratitude Dessert after service on Sunday, November 27th. We won't be holding an official "Holiday Bazaar" this year, but Blanche will be bringing out her remaining merchandise



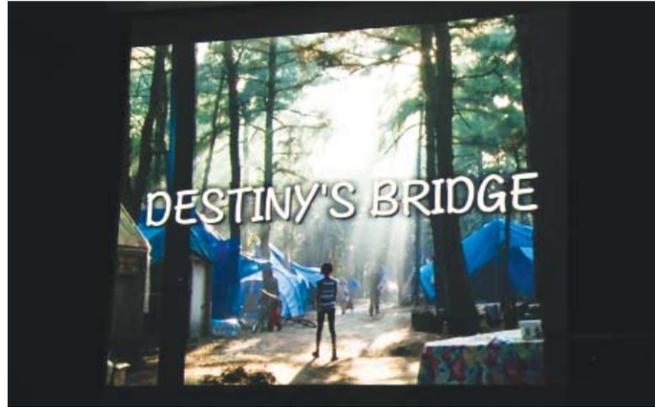
"The Light of God surrounds us..... WE ARE THE LIGHT OF GOD!"

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PROSPERITY
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AUGUST	
Income.....	\$13,583
Expenses.....	\$12,858
UWM:	\$679.15
E.Reg:	\$339.58
SEEFund:	\$135.83
Discretionary:	\$203.75

SEPTEMBER	
Income.....	\$12,622
Expenses.....	\$12,934
UWM:	\$631.08
E.Reg:	\$315.54
SEEFund:	\$126.21
Discretionary:	\$189.32

OUTREACH



DESTINY'S BRIDGE THANKSGIVING OUTREACH

In late September, the documentary, *Destiny's Bridge*, was aired at Unity by the Shore. The movie depicted the plight of homelessness in the surrounding areas of NJ which is representative of what the homeless face nationwide. Destiny's Bridge is a non-profit organization whose goal is to raise awareness, gain legislative support for the needs of the homeless, and to build a coalition of programs and resources to support the physical and mental health and vocational/educational needs of the homeless as well as provide housing. If you would like to host an airing of *Destiny's Bridge*, learn more information about this organization, or contribute please go to: www.destinysbridge.com.

Unity by the Shore has created an outreach team to support 20 local homeless men and women under the care and direction of Rev. Steve Brigham, staunch advocate of the homeless and creator of the idea of the organization Destiny's Bridge. Commencing November 6, 2016, the team will be collecting the following items:

- Hoodies
- Gloves
- Thermal underwear
- Wal-Mart gift cards
- Backpacks

If you are interested in either purchasing an above item to donate or would like to contribute a monetary donation please email Angela Denton at office@unitybytheshore.org or call 732-918-3395.

BOUNTIFUL HARVEST GIFT AUCTION



On October 7, 2016, Unity By The Shore hosted its first Bountiful Harvest Gift Auction, which raised \$9500 to support building operations and programs. Gwen Lewis, we give thanks for your creativity, passion, and hard work in organizing such a wonderful event. We also rejoice in celebrating your team of angels who helped to make this such a successful night: Lisa Sanchez, Edy Chartier, Paula, Benanti, Carol Hept, Pat Bertram, Eleonora Martelli, Lynda Siciliano, Pam Walker, Tom Sciro, Jean Graham, George Sloatsky, Joe Ercolino, Sharon Rasa, Teresa Page, Theresa Mehan and Donna Maloney.

Winter Reminder: UBTS Inclement Weather Announcements

When old man winter is reminding us who's the boss and we have to make the decision to cancel Sunday Services or weekday events, here are your options on how to find out what's happening:

- Call the Church's main telephone line - the message machine will be changed once a decision is made. Every attempt will be made to do this the night before by 10PM.
- A recorded message will go out to every-

one who is a registered member or friend. Please contact Debbie O'Brien at: unitybytheshore@aol.com if you wish to add your number.

- Check the website: www.unitybytheshore.org where we will post all closings and cancellations.
- Check our Facebook page: **Unity by the Shore – A Spiritual Community**. We will post all closings and cancellations there.