

Breaking the Ten Commandments by Eric Butterworth

Book Study

April 7, 2016- June 9, 2016

Thursdays 1:00 pm- 3:00 pm



In Exodus 20 in the Bible it is written that Moses received the Ten Commandments from God on Mount Sinai around 1250 BCE. The Ten Commandments are believed by many Christian traditions to be the law of religious and moral conduct for humans. In his book, *Breaking the Ten Commandments*, Eric Butterworth looks at the deeper meaning and explores the metaphysical interpretation of these “laws”. By taking into account the historical context and looking at the metaphysical meaning one can glean the spirit of the law. Come discover the underlying principles of the 10 Commandments and learn how they can guide you in achieving meta-morality--the highest level of ethical behavior, integrity, authenticity and spiritual awareness.

Facilitated by Angela Denton MA; P.D. MFT; LUT

Cost: Love Offering

Books: Available in the Unity by the Shore bookstore