

FLYING HIGH NEWSLETTER

Volume 7 Issue 5

September/October 2017

SAVE THE DATE!

ALAN WASSERMAN AND FRIENDS



An Evening of Classical and Jazz

Saturday, November 4th
at 7:00pm

The program will include pieces by Beethoven, Chopin, Gershwin, Brubeck and more. Alan will perform solo piano with an ensemble of talented musicians, some of whom you will recognize. We know you will enjoy this performance and hope to see you all in November.

Tickets will be \$20 and available at the Church or on the UBTS website.

Together let us affirm: *I am peace in the midst of all matters!*

PEACE
IN THE
MIDST

UNITY WORLD
DAY OF PRAYER
SEPTEMBER 14, 2017

10am – 4pm Sanctuary is open for silent prayer 6pm - 7pm Prayer Service

A MESSAGE FROM OUR SPIRITUAL LEADER

“A SPIRITUALLY EMPOWERED CITIZEN”

By Angela Denton

I am in a state of despair, hurt, anger and disbelief that we are at this point in America — again,” remarked Myrlie Evers a Civil Rights Leader, on August 18th while being interviewed by a reporter after Heather Heyer was plowed down and killed by a neo-Nazi white supremacist who drove his car into KKK and neo-Nazi counter protesters. This tragedy is all too familiar to Evers. In 1963, her husband was cold bloodedly shot and killed in the driveway of their home by a white supremacist. She continued to share her incredulity over the vehement intolerance that still exists in our nation.

As I watched footage of the KKK and neo-Nazi gang members marching in the streets of Charlottesville with torches shouting, “Jews will not replace us,” I was filled with gut wrenching trepidation. I was chilled to the bone while I watched white supremacists violently push, trample and mace throngs of people who gathered to stand against their prejudice and hostility as they chanted, “No Nazis...No KKK!”.

Immediately after the events of Charlottesville, groups across the nation organized to take a stand against racism and hatred. I received several notifications from local groups who were organizing marches and rallies for citizens to take a stand against hatred, bigotry, and racism. As I read these emails, I felt uneasy. I understand and profess how important it is to be an active and engaged citizen and to not blindly be a bystander as injustice and harm is inflicted on my brothers and sisters. However, the universal law of cause and effect reminds me that what I resist persists. Additionally, Martin Luther King Jr. masterfully taught us, “Violence as a way of achieving racial justice is both impractical and immoral. I am not unmindful of the fact that violence often brings about momentary results. Nations have frequently won their independence in battle. But in spite of temporary victories, violence never brings permanent peace.”

Let us be aware that violence is not only the act of physically attacking someone, but occurs when we judge, criticize, and condemn others. Additionally, when we take a stand against something the vibitory energy we send out in our words and actions is one of fighting and warring. In a “stance of against” we take on the very energy of that which we do not want.



So, how can we the people embody our Divine Nature to bring about harmony, equality, and peace to our nation and the world? I turn to the Master Teachers, Jesus the Christ, Charles Fillmore, and Mother Theresa. In Mark 4:39 while out at sea on a stormy night, “Jesus woke up, rebuked the wind, and said to the sea, ‘Peace! Be still!’ Then the wind ceased, and there was a dead calm.” In this precept, Jesus teaches us the importance of embodying our Power of Dominion. During stormy times, we can easily be

overcome with fear and our emotions can elicit within us a flight, fright, or freeze reactive response, instead of a Spiritually conscious and empowered stance. In stormy situations, it is important to be self-aware and to become still by taking several deep breaths and dropping to your heart as you speak words of Truth and Power such as, “Peace Be Still and know I Am centered in Dominion, Strength, Wisdom, and Harmony!” From that place of center, you become the embodiment of peace and can discern how your actions and words can embody wisdom, courage, compassion, and power in any situation. Charles Fillmore states that a peacemaker is “One who has the ability to say peace to the turbulent waves of thought and have them obey. A peacemaker is one who reduces to peace and harmony all the thoughts of strife, anger, and retaliation in his/her own mind.”

After you become still, and you do receive Divine Guidance to take to the streets, I invite you to organize or join a rally that stands for what you desire to bring into expression in our nation and the world. Mother Theresa wisely reminded us, “I will never attend an anti-war rally; if you have a peace rally, invite me.” Let us remember that if you focus on what you want instead of what you don’t want you will receive it in abundance. I invite you to be self-aware, speak words of Truth and Power, and be the living presence of peace, compassion, justice, tolerance, and generosity, and together will have it!

Love and light,
Angela Denton MA; P.D. MFT; LUT
SPIRITUAL LEADER

OUR PRESIDENT’S MESSAGE

ARE YOU AN “A” MEMBER

By Gwendolyn Lewis

The question comes to mind: **Are you an A member?** Are you aware of the **As** of our spiritual community and how they have become part of your life?

Are you **Aware** that our congregation is now 66 years old? Are you **Aware** that our community began meeting in members’ homes? Are you **Aware** that our congregation has had four names? Unity Center of Practical Christianity, Unity Chapel of Monmouth County (Filed in 1951), Christ Church Unity (1956), Unity by the Shore (1993)

Are you **Aware** that our community has had 12 ministers and 4 interim spiritual leaders over its 66 years?

Ministers you may be familiar with:
B.J. Stannard - February 2002 – 2005,
Joanne Murphy Interim June 2001 - January 2002,
Minister 2002 - 2014
Angela Denton, our present licensed spiritual leader.

Are you **Aware** that 10 years ago we started a building fund that will finance our children’s church expansion?

Are you **Aware** of many generous donations and volunteer services of our congregants?
Are you **Aware** of the generous people who gave financial assistance and time to beautify our church? Some of the things that have been newly donated include: Custom drapes in our sanctuary, altar chairs, bathroom and kitchen renovations, landscaping, audio equipment, additional donations to the Leaf Plaque, Buy-A-Brick donations for the Labyrinth (now in progress).

Are you **Alert** to the needs that may need your creative insight or involvement? Do you realize the impact you might have?

Are you **Aware** of the volunteer ways to serve our community such as: Chaplin, Prayer Team Member, Platform Assistant, Read the Daily Word, Ushers,



Greeters, Committee Members, Audio, Board Members, Fund Raising Chairmen, Choir Members, Teachers in the Children’s Church and Altar Team Members.

Are you **Alert** to the needs of others?
Are you **Alert** to the needs of our church?
Are you **Always** listening when needs are presented?
Do you **Always** hear the knock on the door?
Do you **Always** open your heart?

Let’s build an impactful **Awesome** resolution, a real change in knowing our community together. We have the **Ability** to accomplish great things.

Be an **A** member!
Be **Aware** of the past!
Be **Active** in the present!
Be **Alert** to the future!
We are a talented diverse community!

We are truly blessed by your Love your Gratitude and your **Answer** to the call!
Yes, you are an **A** member!

Thank you everyone for making the revisiting auction a success, lots of fellowship, joy and love.

Dates to Remember:
October 1, 2017 - Scared Service, Volunteers Appreciation
November 4, 2017 - Music Concert Featuring our own Tom Sciro accompanied by Allen Wasserman
November 19, 2017 - Calendar Raffle Drawing
December 8, 2017 - Holiday Banquet

Spread Joy and Inspiration wherever you go and an **A Attitude** will follow!

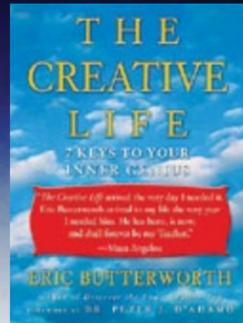
PEACE AND LOVE,
GWEN
BOARD PRESIDENT

UNITY CLASSES

The Creative Life: 7 Keys to Your Inner Genius

by Eric Butterworth

Thursdays 1-3 PM
September 21 - November 16



IN THE BEGINNING

Facilitated by: Angela Denton MA; P.D., MFT; LUT

Required Text: *The Creative Life: 7 Keys to Your Inner Genius*

by Eric Butterworth

Fee: Love Offering

Quantum scientists such as Max Planck profess that “the birth of stars, the DNA of life, and everything between” originates from the invisible field of energy, the Divine Matrix. Additionally, researchers have concluded that the Field is engaged and shaped by the energy of our thoughts, emotions, and actions. Spiritual teachers and mystics for centuries have professed that the Substance under all creation, God, can be shaped. Charles and Myrtle Fillmore, co-founders of Unity, taught that thoughts held in mind energized by our feeling nature, the Law of Mind Action, was essential to bringing our heart’s desires into manifestation.

In the book, *The Creative Life: 7 Keys to Your Inner Genius*, Eric Butterworth metaphysically deciphers the creation story delineated in the Book of Genesis into 7 empowering aspects of the co-creative process. Each day of the creation story holds a key to creating a life of meaning and fulfillment. Come explore how you can unlock your inner genius by tapping into the wisdom found within the text of Genesis.

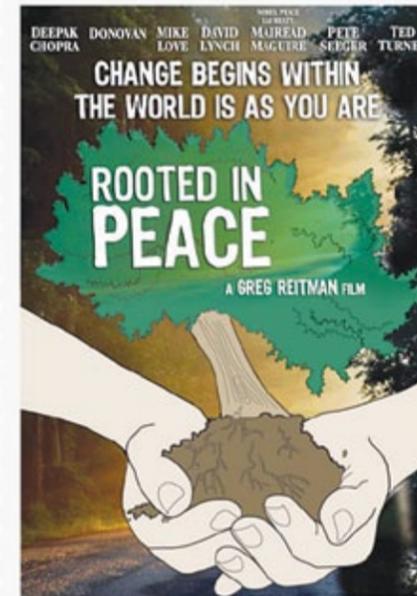
Facilitated by: Angela Denton MA; P.D., MFT; LUT

**Required Text: *The Creative Life: 7 Keys to Your Inner Genius*
by Eric Butterworth**

Fee: Love Offering

UNITY EVENTS

Unity by the Shore Presents Feature Film Documentary



Rooted in Peace

October 27, 2017 at 7 PM

Great news! UBTS is hosting a special one-time screening of the film *Rooted in Peace* and we would love for you to come join us! Join director and award-winning filmmaker Greg Reitman on a film journey as he learns to take notice of the world we live in and proactively seeks ways to find personal peace for himself.

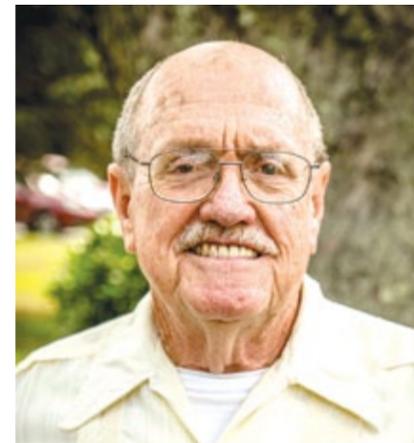
The film relies on memoir and interviews with luminaries and activists such as Deepak Chopra, music legends Donovan, Mike Love, and Pete Seeger, film director David Lynch, Noble Peace Laureate Mairead Maguire, media mogul Ted Turner, Archbishop Desmond Tutu, green architect William McDonough, neuroscientist Dan Siegel and many others.

Please join us and bring a friend to this special one-time screening of *Rooted in Peace*.

Fee: \$10

An Inconvenient Sequel: Truth to Power

THE CLIMATE CRISIS AFFECTS ALL OF US, AND IT'S UP TO ALL OF US TO SOLVE IT.



**Thursday, September 21st
7:00 pm**

This summer, former Vice President Al Gore returned to the big screen with *An Inconvenient Sequel: Truth to Power*, sounding the alarm on the climate crisis transforming our planet and sharing the truth that the solutions are in our hands – but we have to act now.

Join us for this informative presentation based on the movie, and discover what we can do as individuals. The climate crisis affects all of us. And it's up to all of us to solve it.

Fee: Love Offering

Presenter: Dennis Anderson has a Masters degree in Chemistry from Arizona State University and a Masters degree in Education from Kean College. He has been teaching Chemistry, Astronomy, Physics and Environmental Science for the past 23 years. He is currently the County Group Chair and Executive Committee member of the NJ Chapter of the Sierra Club

OUR CHILDREN'S MINISTRY

By Sally Kurth

Summer is winding down and you can feel the cool cleansing fall air all around. We are looking forward to another new year of spiritual growth and joy in our children's program. Over the summer we had some amazing people co-creating with our youth, giving our teachers the summer off.

Thank you Mary, Gwen, Lynn, Charlie, Anani, Dina, Joe, James and Dennis. You all did an awesome job and we love and appreciate you!



WILLIE CHAPERONING XAVIER, JULIAN AND ANANI AT THE SPRING UNITEEN RETREAT.



Sunday
October 15th
immediately after
service

SPOOKTACULAR HALLOWEEN BREAKFAST FUNDRAISER

We are asking \$5 per person, \$10 per family. All the proceeds will go to sending our Uniteens/Y.O.U. on upcoming rallies and retreats.

If you would like to contribute to our breakfast feast by bringing in bagels, sausage, bacon, home fries, vegan dishes, etc please see me. Your generosity is deeply appreciated. Come and fill your belly and support our youth!

SOCIAL LIGHTS

By now I know you have all heard about the new group at Unity By The Shore, the **Social Lights**. Our mission in life is to provide opportunities for us to have some fun together as a community. We don't do any fund raising or any planned spiritual lessons, we just do some fun stuff. There's usually food involved as well. *Yum!*

Our first event was a game night where a bunch of adults played some games and forgot they were adults. Recently, we turned the sanctuary into a movie theater including the wonderful aroma of fresh popcorn. After the movie we



indulged in some ice cream and toppings.

By the time you read this we should have our next event planned. We have talked about a poker night, line dancing, and road trips to offsite activities. We are limitless.

Do you have some ideas of your own? Need some help planning and arranging it?

We would love to hear your ideas and we're more than willing to lend a hand or two. Contact Charlie Kirlaw with your ideas and questions at: charles.kirlaw@unitybytheshore.org

UTBS MEMBERS IN THE NEWS

OUR ENVIRONMENT: READ YOUR LABELS WHEN FOOD SHOPPING

by Ingrid Justick



Reading food labels – from “organic” to “grass-fed,” “all natural,” or “non GMO” – can make shopping a confusing task. What should you look for if you are concerned about sustainability, pesticides, the health of you family and our planet?

Food products labeled “**USDA Organic**” are produced without synthetic chemicals or fertilizers, are not genetically engineered and are radiation free.

Certified Organic Meat is always raised without antibiotics and hormones. The producers of organic livestock have to rely on good sanitation and stress reduction to keep the animals healthy. Organic beef is not necessarily grass-fed or pasture-raised, so read your label.

Certified Organic Poultry, eggs and dairy contain no hormones or antibiotics. Chickens have been fed a diet of organic feed. No chemical fertilizers or pesticides were used to grow their grain. This is not only better for the environment, but also for human health. The words “**cage free**” and “**free range**” imply that the chickens are roaming in lush farmlands but in actuality may never see sunlight, instead living in cramped indoor quarters. To ensure humane conditions, look for eggs with the “**American Humane Certified**” label.

Genetically modified organisms (GMOs) refer to plants or animals genetically engineered for increased drought tolerance, increased yield, or resistance to disease. A growing body of evidence associates GMOs with health and environmental problems. The health effects of GMOs are still unclear because there is no independent long-term safety testing required by our government. A number of studies have shown that engineered crops introduce new toxins and allergens into our food and environment. To avoid GMOs, look for certified organic products or those with a “**Non GMO Verified**” label.

“**Natural**” is a very misleading term, which should not be confused with organic. The FDA has not developed a definition for “natural,” so the term is being used to sell processed food products.

Understanding these food labels may help you make the right choices for your health and the health of our planet.

MEMBER SPOTLIGHT



GAYLE HAMMOND

Gayle Hammond is a UTBS platform assistant, a prayer chaplain, and leader of the healing circle. She also leads an on-line study group inspired by the most recent book “*Conversations With God Book 4, Awakening the Species*”. She has encouraged readers not familiar with Neale's work to look into the other 11 dialogue books written by him. If you are interested you can find her on Facebook under “CWG Study Group”. Ask for admission and she will let you in. She also writes a weekly blog: Living with Angels @ www.gphangel.com.

**C
PROSPERITY
R
N
E
R**

JUNE

Income \$12,138
Expenses \$15,893

UWM: \$606.93
E.Reg: \$303.46
SEEFund: \$121.38
Discretionary \$182.08

JULY

Income \$13,479
Expenses \$13,517

UWM: \$673.95
E.Reg: \$336.98
SEEFund: \$134.79
Discretionary: \$202.19



3508 Asbury Avenue
Neptune, NJ 07753

OUR MISSION STATEMENT

UNITY BY THE SHORE

is a vibrant community, supporting spiritual growth through awareness of God's presence within and the teachings of Christ Jesus.

OUR CORE VALUES

SPIRITUALITY

We are centered in Christ consciousness

ONENESS

We are one in spirit

INTEGRITY

We act with honesty, openness, and commitment

LOVE

We embrace all people as expressions of God

SERVICE

We are joyful stewards of God

CONTACT US

UNITY BY THE SHORE

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E-mail: office@unitybytheshore.org

Web Site: unitybytheshore.org

Church Service and Children's Church
at 10:30 a.m. on Sundays

BOARD OF TRUSTEES

President: **Gwen Lewis**

Vice President: **Edy Chartier**

Treasurer: **Mary VerCande**

Secretary: **Tom Sciro**

Member: **Valerie Wake-Evans**

Member: **Dina Ridout**

Alternate: **Charlie Kirlew**

Unity By The Shore is a member of the Unity Worldwide Ministries and is affiliated with Unity School of Christianity, publishers of *The Daily Word*.