

FLYING HIGH NEWSLETTER

Volume 7 Issue 1

January/February 2017

Unity by the Shore is Proud to Present...

A Sound Called Unity - The Twelve Powers



January 22nd at 1:00pm
UBTS 3508 Asbury Ave, Neptune, NJ
\$10 person

A Sound called Unity-The Twelve Powers is a new feature documentary produced by Rev. Ed Townley and directed by NY Times bestselling author James Twyman. The film is based on Charles Fillmore's classic book **The 12 Powers**. It will be the first in a series of three documentaries entitled **A Sound Called Unity**, all of which are based on the primary teachings of the Unity spiritual movement founded by Fillmore and his wife Myrtle in 1889. The second film, to be released at the end of 2017, is based on Five Basic Principles of Unity.

The Twelve Powers documentary features wisdom from over forty ministers, including Rev. Ed Townley, well representing the Unity message. It also follows James Twyman and a group of Jewish rabbis, Muslim imams and Christian ministers as they travel to a hill overlooking a Syrian village held by ISIS. Millions of people participated in a worldwide synchronized meditation that day as prayers were shared from the three religions, as well as from The Twelve Powers.

A Message From Our Spiritual Leader

***Live your truth. Express your love. Share your enthusiasm.
Take action towards your dreams. Walk your talk. Dance and sing to your
music. Embrace your blessings. Make today worth remembering.”***

— Steve Maraboli

By Angela Denton

Goodbye to 2016...
Hello to 2017!

As I reflect back on the past year, I am filled with gratitude for the many blessings I have received. Gifts exchanged over the holiday season come in many different packages, sizes and shapes. Some glisten and sparkle, while others come simply covered in brown paper bag. Some oddly shaped presents can be difficult or are too large to wrap. The same can be said for our blessings.

Some like unexpected income sparkle in our hands while the loss of a loved one, or a new president-elect who opposes the ideals and morals many believe in may be too difficult for us to wrap our hearts and minds around.

When we are enveloped in Spiritual Principle, we know that all experiences despite the packaging and the size of importance we give them gleam with opportunities for our greatest, highest Good. My capacity to see and experience Life, Love and Wisdom as I stood at the bedside of several individuals in our community who were preparing to make their transition blessed me and opened my heart in ways I can't begin to put into words. As my father was admitted to the hospital 5 times this past year, fearing during his last admittance this fall that he was preparing to leave this Earth, I understood the gift of surrender and the sacredness of each moment. As chaos and scandal plague our president-elect, and our government, although at times we may find the packaging to be distasteful, let us know and affirm that the gift of Goodness is



contained in this experience.

I am also appreciative for the love and support I received from members and friends of Unity by the Shore as I began to spread my wings this year by creating new services, activities, and made changes to our Sunday service. On a few occasions when interacting with other individuals from larger communities, I heard them refer to UBTS as a little church or a small church.

Does the size of a building or the number of members determine the value or the power of a community? I think not. Like the various gifts we exchange as a token of our love the essence of a gift comes in various shapes and sizes. Our community has heart and soul and is filled with creative, giving, caring, and spiritually conscious individuals.

As I look ahead to 2017, I am excited about the limitless possibilities that lie before me and our spiritual community. This year at UBTS, I will be asking the question, "How can we move from being comfortable to flourishing?" We will look at our current vision, mission, and core values to determine if they are still relevant and create excitement to unite us to stretch ourselves to be our boldest selves. I will be asking you throughout the year how can you and we as a community glimmer, glisten, and sparkle like the true gift that we are?

Love and light,

Angela Denton MA; P.D. MFT; LUT

SPIRITUAL LEADER

Our President's Message

By Angie Stewart

How are you beginning this brand new year? Do you have a sense of excitement for the newness of it all? For the blank slate that only you can fill? Affirmations are one spiritual tool that can support this excitement and manifest real results (prayer, meditation and service to others are additional essential tools). Affirming what we want to see in our life on a regular basis is how we stay on track and bring forth those thoughts. Just like most things, the key to its success is consistency and action. I know for me, consistency is the difficult part. Having a practice of prayer, meditation and affirmation each day takes a discipline that is challenging; I guess that is why they call it a practice! The more I do these things (or anything really), the more it becomes ingrained in my daily life. Of course, just reciting our affirmations daily is only part of manifestation; participation is needed on our part. How am I going affirm a healthy body if I am not purchasing healthy food or going for a walk? How am I going to be a more compassionate or forgiving person if I continue with the same old behavior? I need to partner with the universe to make my visions come to life. Here are a few examples of affirmation that can be used or visit <http://www.unity.org/prayer/affirmations> for additional affirmations.

- I am lifted up by the power of God within.
- I accept the comfort and strength of God.
- The still, small voice calls me to my center of peace.
- I am open to the peace of God within.
- The presence of God permeates my being.
- I am at peace.
- The peace of God lives in the quiet of my heart.

I would like to take this time to express my sincerest gratitude to this community. I will be stepping



down from the Board of Trustees in 2017. The last four years have been an incredible experience for me, and I wish to thank the past and present board members for their support, understanding and hard work. But most of all, I want to thank our Spiritual Leader, Angela Denton, for her enduring guidance, faith in me, and for her love. I could not have done half of what was accomplished without her support. I stepped out in faith, despite fear and trepidation, and was rewarded with an

experience that helped me grow in so many ways, and one I will never forget. Thank you all for being a part of that experience and my life.

So, this brings us to our Annual Membership Meeting being held on January 29, 2017, following the Sunday service. Soon we will be sending out notices for the meeting, but think about if you wish anything to be discussed at the meeting. Please notify Debbie O'Brien if you would like to add anything to the agenda. The purpose of the annual meeting is to:

- Approve the 2016 Annual Meeting Secretary Minutes
- Discuss and approve the 2017 budget prepared by the Finance Committee
- Vote on one nominee and two returning members of the Board of Trustees (two member positions and one alternate position)
- Share Ministry Team activities and/or needs
- Report on the current events/affairs of UBTS

I affirm and know that 2017 will be a year of good health, prosperity, and oneness for us all.

Blessings and Peace,

Angie Stewart

BOARD PRESIDENT

Occasionally - at a waterfall, on a walk, or hugging someone we love - we glimpse a trace of infinity. Something inside us remembers the oneness.

Daniel C. Matt, "God & the Big Bang"

OUTREACH



DESTINY'S BRIDGE OUTREACH

On December 20, 2016, 20 back packs stuffed with socks, gloves, hoodies, thermal under garments, and Wal-Mart gift cards were delivered to the residents of tent city under the care of Rev Steve Brigham. I would like to thank members and friends of UBTS who brought in items for our outreach. I would like to give a special shout out to the following for helping to collect, organize, sort, and deliver our collection: Eleonora Martelli, Matt Denton, Nanette Nuvolone, Sebastian Yepes, Lauren Fitzpatrick, Rachel and Ken Fredericks, Pam Walker, Paula Benanti, and Robert Sumski. We will continue to forge a relationship with Rev



Steve and the residents of tent city in 2017. Some items of need for our next outreach are propane tanks to heat tents, Wal-mart gift cards and warm clothing. Keep posted for outreach announcements in 2017.

If you would like to contribute a monetary donation please email Angela Denton at office@unitybytheshore.org or call 732-918-3395.

LEARN AND GROW

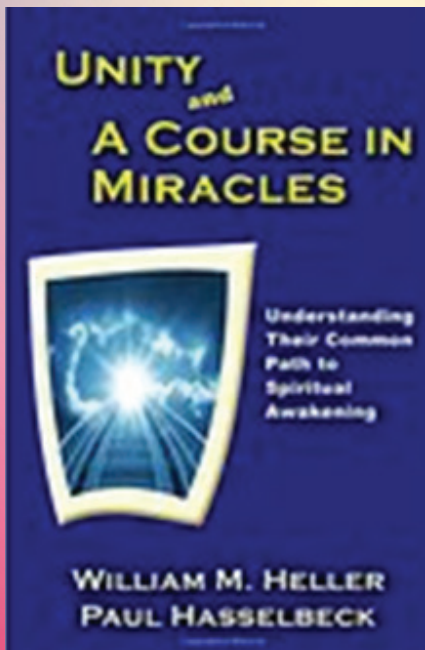
UNITY AND A COURSE IN MIRACLES

A Workshop by Rev. Bill Heller January 11, 2017, 6:30-8:30 pm



On Wednesday, January 11, we are pleased to offer a special presentation! Rev. Bill Heller, co-author of the book *Unity and A Course in Miracles*, will discuss the core teachings of the two Spiritual paths; their similarities and their differences. Join us and learn why A Course in Miracles is so attractive to many Unity Truth Students, and vice versa. Join us at 6:30, and bring your background in Unity and/or A Course in Miracles, and contribute to a deeper understanding of both. Signed copies of the books will be available for sale. Suggested Love offering- \$15

12 Week Book Study Thursdays 1-3 PM Commencing January 12, 2017



Authors: William Heller & Paul Hasselbeck

Come and explore the similarities and distinctions between two spiritual paths where the foundational tenets are rooted in Love and Oneness as the Master Teacher Jesus exemplified. Come learn how these 2 teachings are harmonious and support the evolution of your consciousness and your ability to be the embodiment of Divine Love and Wisdom at work in the world.

William Heller, co-author of *Unity and a Course in Miracles*, will present a workshop on the evening of January 11, from 6:30-8:30. What a wonderful way to kick off your study whether done here at UBTS or personally done by you on your own.

Book Study Facilitated by:

Angela Denton MA; P.D. MFT; LUT

Cost: Love Offering

Required Text: Unity and a Course in Miracles
(books can be purchased at UBTS)

Our Children's Ministry

By Sally Kurth



Merry Christmas from the Children...

I am so proud of our Youth of Unity by the Shore. They did a fantastic job on their 12 Points of Light Christmas service. They shared the metaphysical meanings of the Christmas story and the birth of the baby Jesus. They reminded us that we all have these spiritual qualities alive within us when we choose to listen and act upon our higher selves. We also had a visit from two of Santa's Elves who brought with them the gifts of the 12 Powers to share with everyone. It was a beautiful and magical Christmas service, great job kids!!

Thank you parents for taking the time getting your children to practice. Thank you Will Guzzy for picking Santa up and getting him to the service on time.

Thank you Patrice DeVincentis for the joyous holiday music. We are blessed!

Happy New Year 2017! We look forward to a fun, spirit filled year with our Youth.

With Love and Light, Sally

C
PROSPERITY
R \$\$\$\$\$\$\$
N \$\$\$\$\$\$\$
E \$\$\$\$\$
R \$\$\$

OCTOBER

Income..... \$21,289
Expenses..... \$13,777

UWM: \$106.46
E.Reg: \$532.23
SEEFund: \$212.89
Discretionary: \$319.34

NOVEMBER

Income.....\$ 8,604
Expenses.....\$18,722

UWM: \$430.17
E.Reg: \$215.09
SEEFund: \$ 86.03
Discretionary: \$129.05

Classifieds

Place your ad here. **Flying High** publishes 6 issues a year and is mailed to approximately 200 readers. 95% in New Jersey with 90% in Monmouth and Ocean Counties. It can also be viewed on our web site: unitybytheshore.org. Rate for yearly listing is \$50.00. Rate for one issue is \$15.00. Contact **UBTS** at **732-918-3395** to place an ad or for additional information. Appearance of an ad here should not be construed as an endorsement by Unity By The Shore.

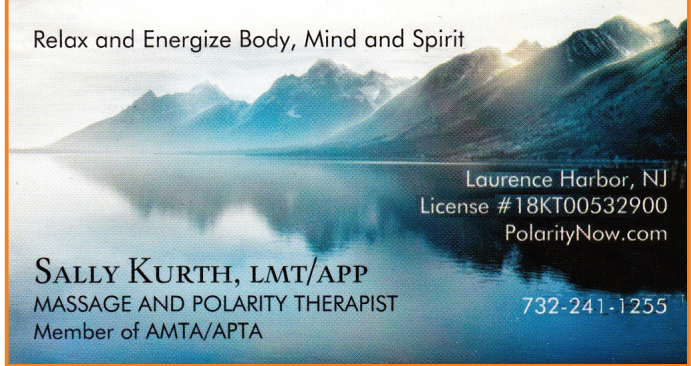
Please Visit:

Unitybytheshore.org

for the latest **Flying High** newsletter, events and other Church information



Relax and Energize Body, Mind and Spirit



Laurence Harbor, NJ
License # 18KT00532900
PolarityNow.com

SALLY KURTH, LMT/APP
MASSAGE AND POLARITY THERAPIST
Member of AMTA/APTA

732-241-1255

New to Our Website!



Unity by the Shore
SHOP, SAVE, and GIVE

www.UnityByTheShore.org/shop

This is a wonderful opportunity for you to purchase goods and services in a way that supports your spiritual home and saves you money along the way!

Every time you purchase goods and services, make sure to **FIRST** stop at our shopping portal, click the link to the vendor of your choice, and do your shopping.

www.unitybytheshore.org/shop



Traci Lins
341 Mantoloking Road
Brick, NJ 08723

Unique Gifts & Craft Creations

- Full Line of Betty Boop Gifts
- One-of-Kind Wreaths & Swags
 - Egyptian Figurines
- Gift Baskets • Statues • Pedestals

610.470.4938

610-470-4938
Gwenboop@aol.com

Lose Weight – Get Into Nutritional Balance – And Do It For Free

Live long. Live healthy.



Brought to you by **ISAGENIX**

Call today to get started on a Life Transforming Program – 732.298.0900





3508 Asbury Avenue
Neptune, NJ 07753

OUR MISSION STATEMENT

UNITY BY THE SHORE

is a vibrant community, supporting spiritual growth through awareness of God's presence within and the teachings of Christ Jesus.

OUR CORE VALUES

SPIRITUALITY

We are centered in Christ consciousness

ONENESS

We are one in spirit

INTEGRITY

We act with honesty, openness, and commitment

LOVE

We embrace all people as expressions of God

SERVICE

We are joyful stewards of God

CONTACT US

UNITY BY THE SHORE

3508 Asbury Ave., Neptune, NJ 07753

Phone: 732-918-3395

Fax: 732-918-8457

E-mail: unitybytheshore@aol.com

Web Site: unitybytheshore.org

Church Service and Children's Church
at 10:30 a.m. on Sundays

BOARD OF TRUSTEES

President: **Angela Stewart**

Vice President: **Gwen Lewis**

Treasurer: **Mary VerCande**

Secretary: **Tom Sciro**

Member: **Edy Chartier**

Member: **Dina Ridout**

Alternate: **Valerie Wake-Evans**

Unity By The Shore is a member of the Unity Worldwide Ministries and is affiliated with Unity School of Christianity, publishers of *The Daily Word*.